

AUSC-Region 5 Under 20 YTH Games 2022-Malawi - 04/12/2022 to 07/12/2022

Results

#101 Women 20&U 200 Meter Free

2016Cana RC: 2:03.80 R 2018 Dune Coetzee

Name	Age	Team	Finals Time
1 Horne, Kaitlynn D	15	RSA	2:11.11
2 Westerduin, Reza	15	NAM	2:15.52
3 Chitsurura, Tanatsirwa	18	ZIM	2:16.65
4 George, Grace	14	RSA	2:17.24
5 Groepes, Rachel L	16	RSA	x2:17.72
6 Christie, Leah E	17	RSA	x2:18.37
7 Rollo, Riana	19	ZIM	2:18.54
8 Mutumbulua, Trisha	18	NAM	2:20.04
9 Kleinhans, Asia J	14	RSA	x2:20.20
10 Brinkmann, Maja J	15	NAM	x2:20.75
11 Humphrey, Jessica	14	NAM	x2:20.81
12 Kleinhans, Zara I	17	RSA	x2:22.09
13 Santo, Rafaela A	18	ANG	2:22.13
14 Mahobebe, Loyiso	14	ZIM	x2:22.85
15 Matthews, Tselane	18	BOT	2:26.44
16 Chandiwana, Tafadzwa	14	ZIM	x2:26.61
17 Morais, Nyriam W	14	ANG	2:33.42
18 Harry, Kyra	16	BOT	2:34.30
19 Chang, Ji-eun	15	BOT	x2:40.96
--- Moshu, Chisanga M	15	ZAM	SCR
--- Omar, Manaal	16	RSA	SCR
--- Musere, Matida	15	ZIM	SCR
--- Findlay, Marlise R	15	ZAM	SCR
--- Mahobebe, Mkhusele	17	ZIM	SCR

#102 Men 20&U 100 Meter Free

2016Cana RC: 50.91 R 2018 Louw Oberholzer

Name	Age	Team	Finals Time
1 Naidoo, Kaydn K	19	RSA	52.76
2 Raynard, Keyontae L	17	RSA	52.90
3 Werrett, Cory	18	ZIM	53.07
4 Thompson, Cameron K	17	RSA	x53.36
5 Potgieter, Wikus R	18	RSA	x53.86
6 Bailey, Ethan J	19	RSA	x54.57
7 Franceys, Ryan	18	ZIM	55.59
8 Pheeha, Junior J	17	RSA	x55.78
9 Chisungu, Tawanda	17	ZIM	x55.95
10 Mhlanga, Bjorn N	16	ZIM	x55.97
11 Rorke, Benjamin	18	ZIM	x56.06
12 Makaya, Tichatonga	16	ZIM	x56.16
13 Mwipikeni, Paul	16	ZIM	x56.17
14 Ramoholi, Thapelo R	18	RSA	x56.49
15 Magongo, Brave	16	NAM	56.50
16 Esslinger, Nico	17	NAM	56.68
17 Pires, Djamel V	19	ANG	56.72
18 Keitsile, Gaamangwe J	15	BOT	56.98
19 Munguambe, Cleiton	15	MOZ	57.23
20 *Rumball, Liam	17	ZIM	x57.24
21 Gondo, Takundanashé	18	BOT	57.41
22 Cole, Mulenga E	13	ZAM	57.59
23 Ngwenya, Onesimus	15	ZIM	x57.66
24 Vimba, Khaya	15	ZIM	x57.92
25 Fortes, Alex P	17	ANG	58.25
26 Mhlope, Andile T	16	ZIM	x58.70
27 Mulenga, Mwenya	16	ZAM	58.73
28 Lee, Dylan	18	ZIM	x58.87
29 Mpofu, Jasper	19	ZIM	x59.20
30 Mulenga, Frank J	16	ZAM	x59.41
31 De Sousa, Damien	16	ESWAT	59.77
32 *Mbao, Benaiah Z	14	ZAM	x59.99

33 Kalipengule, Limbikani	14	ZIM	x1:00.54
34 Ngwenya, Nathan	18	ZIM	x1:00.62
35 van Rooyen, Benco G	18	BOT	x1:01.81
36 Smit, Luka	14	MAW	1:02.58
37 Banda, Asher	17	MAW	1:04.51
38 Yusseni, Rafael	17	ANG	x1:06.82
--- Moosa, Ali A	17	MAW	SCR
--- Mwamba, Wina M	19	ZAM	SCR
--- Matthews, Mmusi	16	BOT	SCR

#103 Women 20&U 50 Meter Fly

2016Cana RC: 27.73 R 2018 Inge Weidemann

Name	Age	Team	Finals Time
1 Moll, Simone	17	RSA	28.72
2 Phiri, Jade A	16	ZAM	28.92
3 Katai, Donata	18	ZIM	29.06
4 Oosthuizen, Luchelle	18	RSA	29.08
5 Westerduin, Reza	15	NAM	29.27
6 Jacobs, Khwezi I	15	RSA	x29.55
7 Mahobebe, Mkhusele	17	ZIM	29.63
8 Hoy, Hayley	14	ESWAT	29.79
9 Chitsurura, Tanatsirwa	18	ZIM	x29.93
10 Makwabarara, Mikayla	14	ZIM	x30.01
11 Carolus, Sandralee P	18	RSA	x30.13
12 Mutumbulua, Trisha	18	NAM	30.35
13 Smyth, Taya	15	ZIM	x30.38
14 Dhemba, Vhenekai	16	ZIM	x30.51
15 Onovo, Onye	15	ZIM	x30.64
16 Miti, Tamenji	15	ZAM	30.78
17 Ngambi, Gabriella	16	ZAM	x30.88
18 Goodinson, Kiara	17	ZIM	x31.03
19 Chandiwana, Tanatswa	14	ZIM	x31.16
20 Morais, Nyriam W	14	ANG	31.19
21 Mia, Nawaal	16	RSA	x31.23
22 Ingwe, Kimberly N	17	BOT	31.25
23 Harry, Kyra	16	BOT	31.31
24 Gray, Taya	14	ZIM	x31.51
25 Graaff, Chloe T	16	RSA	x31.66
26 Redecker, Nicole	18	NAM	x31.84
27 Moshu, Chisanga M	15	ZAM	x31.90
28 Humphrey, Jessica	14	NAM	x31.91
29 Accorsi, Olivia	15	ZIM	x31.92
30 Chicksen, Jade	16	ZIM	x32.67
31 Brinkmann, Maja J	15	NAM	x32.74
32 Makwenda, Jessica	17	MAW	33.02
33 Chandiwana, Tafadzwa	14	ZIM	x33.09
34 Chang, Ji-eun	15	BOT	x33.19
35 Njowola, Racheal	16	ZIM	x33.39
36 George, Grace	14	RSA	x33.42
37 Haiya, Chisomo	15	MAW	35.53
--- Phiri, Mia A	19	ZAM	SCR

#104 Men 20&U 50 Meter Breast

2016Cana RC: 27.54 R 2018 Michael J Houlie

Name	Age	Team	Finals Time
1 Truter, Petrus C	19	RSA	29.00
2 Truter, Tom N	17	RSA	29.13
3 Werrett, Cory	18	ZIM	30.00
4 Pires, Djamel V	19	ANG	31.29
5 Moyo, Zach R	16	ZAM	31.30
6 Boshoff, Juan C	17	RSA	x31.32
7 De Swardt, Jayden	16	ZIM	31.75
8 Matthews, Mmusi	16	BOT	31.98
*9 Hartman, Timothy J	16	RSA	x32.04

*9 Vimba, Khaya	15	ZIM	x32.04
11 Gondo, Takundanashé	18	BOT	32.14
12 Ndlovu, Vuyo V	18	ZIM	x32.38
13 Madziyire, Nigel	16	ZIM	x32.43
14 Govender, Dhilan	16	RSA	x32.57
15 De Sousa, Damien	16	ESWAT	32.79
16 Ramoholi, Thapelo R	18	RSA	x32.91
17 Sibanda, Nsikelelo	14	ZIM	x33.71
18 Kalipengule, Limbikani	14	ZIM	x33.73
19 Tati, Janel Y	16	ANG	33.86
20 Fernando, Khushal J	17	ZAM	34.49
21 Chisungu, Tawanda	17	ZIM	x34.99
22 Sohal, Ravi	16	MAW	35.38
23 Shamambo, Damien S	19	ZAM	x35.64
24 Keitsile, Gaamangwe J	15	BOT	x36.07
25 Zulu, Pempho	15	MAW	36.57
--- Rorke, Benjamin	18	ZIM	DQ
--- Ngwenya, Onesimus	15	ZIM	SCR
--- Mhlanga, Bjorn N	16	ZIM	SCR

#105 Women 20&U 100 Meter Breast

2016Cana RC: 1:10.25 R 2018 Lara Van Niekerk

Name	Age	Team	Finals Time
1 Moll, Simone	17	RSA	1:11.48
2 Stewart, Megan	16	RSA	1:16.04
3 Jacobs, Khwezi I	15	RSA	x1:18.00
4 Smyth, Taya	15	ZIM	1:19.20
5 Worsfold, Susie	15	ZIM	1:19.84
6 Redecker, Nicole	18	NAM	1:20.96
7 Liacopoulos, Adonia	17	ZAM	1:21.50
8 Fernandes, N'hara V	16	ANG	1:21.56
9 Rollo, Riana	19	ZIM	x1:22.65
10 Chang, Ji-eun	15	BOT	1:23.48
11 Dhemba, Vhenekai	16	ZIM	x1:24.33
12 Musere, Matida	15	ZIM	x1:24.51
13 Graaff, Chloe T	16	RSA	x1:24.63
14 Benjamin, Gabriella R	17	RSA	x1:24.90
15 Chicksen, Jade	16	ZIM	x1:25.68
16 Brinkmann, Maja J	15	NAM	1:27.25
17 Onovo, Onye	15	ZIM	x1:27.94
18 Ramajan, Saira	17	ZIM	x1:28.78
19 Njowola, Racheal	16	ZIM	x1:31.12
20 Rebello, Zoe	14	MAW	1:35.77
21 Harry, Kyra	16	BOT	1:36.40
22 Mzengo, Rhinniah	14	MAW	1:38.66
--- Coates, Johanna K	16	ZAM	DQ
--- Moshu, Chisanga M	15	ZAM	SCR

#106 Men 20&U 100 Meter Back

2016Cana RC: 56.88 R 2014 Martin Binedell

Name	Age	Team	Finals Time
1 Potgieter, Wikus R	18	RSA	59.23
2 Boshoff, Juan C	17	RSA	1:00.54
3 Raynard, Keyontae L	17	RSA	x1:00.74
4 Thompson, Cameron K	17	RSA	x1:02.72
5 Magongo, Brave	16	NAM	1:02.75
6 De Swardt, Jayden	16	ZIM	1:04.81
7 Esslinger, Nico	17	NAM	1:05.43
8 Olkers, Caellum G	16	RSA	x1:05.54
9 Mia, Sirhaan	16	RSA	x1:05.58
10 Sibanda, Emmanuel	16	ZIM	1:05.89
11 Matthews, Mmusi	16	BOT	1:05.90
12 Mpofu, Jasper	19	ZIM	x1:06.27
13 Cole, Mulenga E	13	ZAM	1:06.35

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Results

#106 Men 20&U 100 Meter Back

14 Rorke, Benjamin	18	ZIM	x1:06.84
15 Lee, Dylan	18	ZIM	x1:07.72
16 Madziyire, Nigel	16	ZIM	x1:08.94
17 Mhlope, Andile T	16	ZIM	x1:10.22
18 Gondo, Takundanashe	18	BOT	1:10.55
*19 Fortes, Alex P	17	ANG	1:12.56
*19 Keitsile, Gaamangwe J	15	BOT	x1:12.56
21 Yusseni, Rafael	17	ANG	1:18.06
22 Sohal, Ravi	16	MAW	1:18.13
--- Moosa, Ali A	17	MAW	SCR
--- Nkunzi, Awande	17	RSA	SCR
--- *Rumball, Liam	17	ZIM	SCR

#107 Women 20&U 200 Meter Fly

2016Cana RC: 2:18.10 R 2018 Dune Coetzee

Name	Age	Team	Finals Time
1 Oosthuizen, Luchelle	18	RSA	2:25.51
2 Mahobebe, Mkhuseli	17	ZIM	2:32.92
3 Westerduin, Reza	15	NAM	2:39.29
4 Redecker, Nicole	18	NAM	2:40.21
5 Hoy, Hayley	14	ESWAT	2:44.62
6 Ingwe, Kimberly N	17	BOT	2:44.70
7 Smidt, Clio J	16	RSA	2:52.00
8 Vd Westhuizen, Joy	14	RSA	x2:55.47
9 Mahobebe, Loyiso	14	ZIM	3:04.58
--- Accorsi, Olivia	15	ZIM	DQ
--- Mosho, Chisanga M	15	ZAM	DQ
--- Stewart, Megan	16	RSA	SCR
--- Miti, Tamenji	15	ZAM	SCR

#108 Men 20&U 4x100 Meter Free Relay

2016Cana RC: 3:27.21 R 2018 Republic Of South Afr

G Nortje, L Oberholzer, C Coetzee, M Bosch

Team	Relay	Finals Time
1 RSA	A	3:33.34
Naidoo, Kaydn K 19	Raynard, Keyontae L 17	
Thompson, Cameron K 17	Truter, Petrus C 19	
2 ANG	A	3:42.48
Yusseni, Rafael 17	Pires, Djamel V 19	
Fortes, Alex P 17	Gordo, Salvador V 19	
3 ZIM	A	3:45.70
Rorke, Benjamin 18	Franceys, Ryan 18	
Mhlanga, Bjorn N 16	Werrett, Cory 18	
4 BOT	A	3:56.39
Matthews, Mmusi 16	Gondo, Takundanashe 18	
van Rooyen, Benco G 18	Keitsile, Gaamangwe J 15	
--- NAM	A	SCR
Esslinger, Nico 17	Magongo, Brave 16	
--- ZAM	A	SCR

#109 Women 20&U 4x100 Meter Free Relay

2016Cana RC: 3:57.69 R 2018 Republic Of South Afr

I Weidemann, O Nel, G Nel, K Herbst

Team	Relay	Finals Time
1 RSA	A	4:07.88
Moll, Simone 17	Jacobs, Khwezi I 15	
Horne, Kaitlynn D 15	Groepes, Rachel L 16	
2 NAM	A	4:11.88
Westerduin, Reza 15	Humphrey, Jessica 14	
Redecker, Nicole 18	Mutumbulua, Trisha 18	

3 ZAM	A	4:13.04
Phiri, Mia A 19	Phiri, Jade A 16	
Coates, Johanna K 16	Findlay, Marlise R 15	
4 ZIM	A	4:14.40
Chitsurura, Tanatsirwa 18	Goodinson, Kiara 17	
Rollo, Riana 19	Makwabarara, Mikayla 14	
5 BOT	A	4:29.07
Matthews, Tselane 18	Harry, Kyra 16	
Chang, Ji-eun 15	Ingwe, Kimberly N 17	

#110 Mixed 20&U 4x100 Meter Medley Relay

2016Cana RC: 4:03.97 R 2018 Republic Of South Afr

J Oliver, M Houlie, D Coetzee, A Canny

Team	Relay	Finals Time
1 RSA	A	4:13.62
Potgieter, Wikus R M18	Truter, Tom N M17	
Oosthuizen, Luchelle W18	Christie, Leah E W17	
2 ZIM	A	4:21.59
Katai, Donata W18	Werrett, Cory M18	
Makaya, Tichatonga M16	Chitsurura, Tanatsirwa W1	
3 NAM	A	4:31.64
Magongo, Brave M16	Redecker, Nicole W18	
Westerduin, Reza W15	Esslinger, Nico M17	
4 BOT	A	4:45.32
Matthews, Tselane W18	Matthews, Mmusi M16	
Keitsile, Gaamangwe J M15	Harry, Kyra W16	
5 MAW	A	5:13.19
Smit, Luka M14	Haiya, Chisomo W15	
Kumbatila, Tsinde M17	Makwenda, Jessica W17	
--- ANG	A	DQ
Gordo, Salvador V M19	Fernandes, N'hara V W16	
Pires, Djamel V M19	Morais, Nyriam W W14	
--- ZAM	A	SCR
Cole, Mulenga E M13	Moyo, Zach R M16	
Miti, Tamenji W15	Liacopoulos, Adonia W17	

#201 Men 20&U 200 Meter Free

2016Cana RC: 1:53.76 R 2012 Calvyn Justus-Zambia

Name	Age	Team	Finals Time
1 Truter, Petrus C	19	RSA	1:55.45
2 Naidoo, Kaydn K	19	RSA	1:56.84
3 Bailey, Ethan J	19	RSA	x1:57.81
4 Raynard, Keyontae L	17	RSA	x2:00.07
5 Boshoff, Juan C	17	RSA	x2:03.27
6 Pheeha, Junior J	17	RSA	x2:04.00
7 Franceys, Ryan	18	ZIM	2:04.18
8 Esslinger, Nico	17	NAM	2:05.98
9 Mhlanga, Bjorn N	16	ZIM	2:07.29
10 De Swardt, Jayden	16	ZIM	x2:08.23
11 Makaya, Tichatonga	16	ZIM	x2:08.62
12 Cole, Mulenga E	13	ZAM	2:08.64
13 Munguambe, Cleiton	15	MOZ	2:09.87
14 Govender, Dhilan	16	RSA	x2:10.34
15 Magongo, Brave	16	NAM	2:11.64
16 Rorke, Benjamin	18	ZIM	x2:12.41
17 van Rooyen, Benco G	18	BOT	2:15.58
18 Fortes, Alex P	17	ANG	2:16.83
19 De Sousa, Damien	16	ESWAT	2:18.63
20 Lee, Dylan	18	ZIM	x2:18.87
21 Mwipikeni, Paul	16	ZIM	x2:19.40
22 Olkers, Caellum G	16	RSA	x2:20.25
23 Chisungo, Tawanda	17	ZIM	x2:20.26
24 Gondo, Takundanashe	18	BOT	2:20.27
25 Smit, Luka	14	MAW	2:25.60
26 Matthews, Mmusi	16	BOT	x2:37.85

--- Keitsile, Gaamangwe J	15	BOT	DQ
--- Tati, Janel Y	16	ANG	SCR
--- Moosa, Ali A	17	MAW	SCR
--- Gordo, Salvador V	19	ANG	SCR
--- Mulenga, Frank J	16	ZAM	SCR
--- Vimba, Khaya	15	ZIM	SCR
--- Fernando, Khushal J	17	ZAM	SCR

#202 Women 20&U 100 Meter Free

2016Cana RC: 56.64 R 2018 Aimee L Canny

Name	Age	Team	Finals Time
1 Oosthuizen, Luchelle	18	RSA	59.72
2 Groepes, Rachel L	16	RSA	1:00.56
3 Mutumbulua, Trisha	18	NAM	1:01.10
4 Chitsurura, Tanatsirwa	18	ZIM	1:01.89
5 Horne, Kaitlynn D	15	RSA	x1:01.97
6 Carolus, Sandrale P	18	RSA	x1:02.00
7 Westerduin, Reza	15	NAM	1:02.13
8 Rollo, Riana	19	ZIM	1:02.24
9 Jacobs, Khwezi I	15	RSA	x1:02.37
10 Phiri, Jade A	16	ZAM	1:02.45
11 Makwabarara, Mikayla	14	ZIM	x1:02.58
12 Musere, Matida	15	ZIM	x1:02.61
13 Chandiwana, Tafadzwa	14	ZIM	x1:03.95
14 George, Grace	14	RSA	x1:04.22
15 Goodinson, Kiara	17	ZIM	x1:04.31
*16 Morais, Nyriam W	14	ANG	1:04.35
*16 Humphrey, Jessica	14	NAM	x1:04.35
18 Chandiwana, Tanatswa	14	ZIM	x1:04.38
19 Santo, Rafaela A	18	ANG	1:04.73
20 Kleinhans, Zara I	17	RSA	x1:04.76
*21 Onovo, Onye	15	ZIM	x1:05.19
*21 Njowola, Racheal	16	ZIM	x1:05.19
23 Dhembha, Vhenekai	16	ZIM	x1:05.20
24 Ngambi, Gabriella	16	ZAM	1:05.39
25 Fernandes, N'hara V	16	ANG	x1:05.44
26 Omar, Manaal	16	RSA	x1:06.51
27 Harry, Kyra	16	BOT	1:06.53
28 Kleinhans, Asia J	14	RSA	x1:06.72
29 Matthews, Tselane	18	BOT	1:06.85
30 Redecker, Nicole	18	NAM	x1:07.51
31 Makwenda, Jessica	17	MAW	1:08.92
32 Mosho, Chisanga M	15	ZAM	x1:10.37
33 Chang, Ji-eun	15	BOT	x1:10.66
34 Rebello, Zoe	14	MAW	1:11.69
--- Ingwe, Kimberly N	17	BOT	SCR
--- Brinkmann, Maja J	15	NAM	SCR

#203 Men 20&U 50 Meter Fly

2016Cana RC: 24.58 R 2012 Reynard Wessels-Zar

Name	Age	Team	Finals Time
1 Naidoo, Kaydn K	19	RSA	24.94
2 Gordo, Salvador V	19	ANG	25.35
3 Thompson, Cameron K	17	RSA	25.72
4 Rorke, Benjamin	18	ZIM	26.28
5 Makaya, Tichatonga	16	ZIM	26.40
6 Yusseni, Rafael	17	ANG	26.54
7 Gondo, Takundanashe	18	BOT	26.68
8 Keitsile, Gaamangwe J	15	BOT	26.87
9 Pires, Djamel V	19	ANG	x27.12
10 Mhlanga, Bjorn N	16	ZIM	x27.18
11 Mia, Sirhaan	16	RSA	x27.20
12 Ramoholi, Thapelo R	18	RSA	x27.31
13 *Rumball, Liam	17	ZIM	x27.70

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#203 Men 20&U 50 Meter Fly

Name	Age	Team	Finals Time
14 Franceys, Ryan	18	ZIM	x27.71
15 Mwipikeni, Paul	16	ZIM	x27.76
16 Mwamba, Wina M	19	ZAM	27.77
17 Ngwenya, Onesimus	15	ZIM	x27.83
*18 Govender, Dhilan	16	RSA	x27.92
*18 Mpofo, Jasper	19	ZIM	x27.92
20 Magongo, Brave	16	NAM	28.00
21 Mulenga, Frank J	16	ZAM	28.04
22 Munguambe, Cleiton	15	MOZ	28.19
23 Mulenga, Mwenya	16	ZAM	x28.47
24 Mhlope, Andile T	16	ZIM	x28.88
25 Ndlovu, Vuyo V	18	ZIM	x29.12
26 *Mbao, Benaiah Z	14	ZAM	x29.16
27 De Sousa, Damien	16	ESWAT	29.17
28 Sibanda, Emmanuel	16	ZIM	x29.20
29 Werrett, Cory	18	ZIM	x29.29
30 Shamambo, Damien S	19	ZAM	x29.55
31 Ngwenya, Nathan	18	ZIM	x29.59
32 Kalipengule, Limbikani	14	ZIM	x29.98
33 van Rooyen, Benco G	18	BOT	x30.19
34 Banda, Asher	17	MAW	30.77
--- Moosa, Ali A	17	MAW	SCR
--- Moyo, Zach R	16	ZAM	SCR
--- Matthews, Mmusi	16	BOT	SCR
--- Chisungo, Tawanda	17	ZIM	SCR

#204 Women 20&U 50 Meter Breast

2016Cana RC: 31.93 R 2018 Lara Van Niekerk			
Name	Age	Team	Finals Time
1 Moll, Simone	17	RSA	32.07
2 Stewart, Megan	16	RSA	35.16
3 Jacobs, Khwezi I	15	RSA	x35.34
4 Christie, Leah E	17	RSA	x35.94
5 Smyth, Taya	15	ZIM	36.03
6 Liacopoulos, Adonia	17	ZAM	36.50
7 Worsfold, Susie	15	ZIM	36.75
8 Fernandes, N'hara V	16	ANG	37.03
9 Benjamin, Gabriella R	17	RSA	x37.44
10 Coates, Johanna K	16	ZAM	37.46
11 Musere, Matida	15	ZIM	x37.63
12 Redecker, Nicole	18	NAM	37.66
13 Chang, Ji-eun	15	BOT	37.74
14 Chitsurura, Tanatsirwa	18	ZIM	x37.88
15 Graaff, Chloë T	16	RSA	x38.14
16 Dhemba, Vhenekai	16	ZIM	x38.15
17 Miti, Tamenji	15	ZAM	x38.68
18 Onovo, Onye	15	ZIM	x38.72
19 Goodinson, Kiara	17	ZIM	x38.83
20 Chicksen, Jade	16	ZIM	x39.24
21 Chandiwana, Tafadzwa	14	ZIM	x39.35
22 Ramajan, Saira	17	ZIM	x39.93
23 Makwabarara, Mikayla	14	ZIM	x39.97
24 Mutumbulua, Trisha	18	NAM	39.99
25 Moshu, Chisanga M	15	ZAM	x40.62
26 Haiya, Chisomo	15	MAW	41.56
27 Harry, Kyra	16	BOT	41.82
28 Mzenge, Rhinniah	14	MAW	43.16
29 Kanjadza, Danielle	11	MAW	x43.93
30 Rebello, Zoe	14	MAW	x44.28
--- Mahobebe, Loyiso	14	ZIM	SCR
--- Rollo, Riana	19	ZIM	SCR
--- Katai, Donata	18	ZIM	SCR

#205 Men 20&U 100 Meter Breast

2016Cana RC: 1:02.09 R 2018 Michael J Houlie			
Name	Age	Team	Finals Time
1 Truter, Petrus C	19	RSA	1:04.39
2 Werrett, Cory	18	ZIM	1:07.85
3 De Swardt, Jayden	16	ZIM	1:09.47
4 Moyo, Zach R	16	ZAM	1:09.63
5 Pires, Djamel V	19	ANG	1:09.81
6 Hartman, Timothy J	16	RSA	1:10.25
7 Vimba, Khaya	15	ZIM	x1:11.40
8 Matthews, Mmusi	16	BOT	1:12.57
9 Ramoholi, Thapelo R	18	RSA	x1:12.79
10 Ngwenya, Onesimus	15	ZIM	x1:14.00
*11 Sibanda, Nsikelelo	14	ZIM	x1:14.01
*11 De Sousa, Damien	16	ESWAT	1:14.01
13 Govender, Dhilan	16	RSA	x1:14.26
14 Madziyire, Nigel	16	ZIM	x1:15.14
15 Ndlovu, Vuyo V	18	ZIM	x1:15.20
16 Tati, Janel Y	16	ANG	1:15.37
17 Kalipengule, Limbikani	14	ZIM	x1:17.35
18 Gondo, Takundanashe	18	BOT	1:21.04
19 Zulu, Pemphe	15	MAW	1:26.12
20 Banda, Asher	17	MAW	1:27.71
--- Nkunzi, Awande	17	RSA	SCR
--- Truter, Tom N	17	RSA	SCR

#206 Women 20&U 100 Meter Back

2016Cana RC: 1:03.81 R 2014 Zanré Oberholzer			
Name	Age	Team	Finals Time
1 Katai, Donata	18	ZIM	1:04.94
2 Phiri, Mia A	19	ZAM	1:08.68
3 Westerduin, Reza	15	NAM	1:09.83
4 Accorsi, Olivia	15	ZIM	1:09.86
5 Humphrey, Jessica	14	NAM	1:10.08
6 Musere, Matida	15	ZIM	x1:10.60
7 Mia, Nawaal	16	RSA	1:10.77
8 Smidt, Clio J	16	RSA	1:11.71
9 Groepes, Rachel L	16	RSA	x1:11.93
10 Rollo, Riana	19	ZIM	x1:12.83
11 Gray, Taya	14	ZIM	x1:13.45
12 Ramajan, Saira	17	ZIM	x1:13.53
13 Ingwe, Kimberly N	17	BOT	1:14.57
14 Vd Westhuizen, Joy	14	RSA	x1:16.89
15 Mahobebe, Mkhusele	17	ZIM	x1:18.07
16 Njowola, Racheal	16	ZIM	x1:18.68
17 Chandiwana, Tanatswa	14	ZIM	x1:20.85
18 Morais, Nyriam W	14	ANG	1:20.97
19 Mahobebe, Loyiso	14	ZIM	x1:21.55
20 Rebello, Zoe	14	MAW	1:29.75
21 Kanjadza, Danielle	11	MAW	1:35.04
--- Brinkmann, Maja J	15	NAM	SCR
--- Stewart, Megan	16	RSA	SCR
--- Findlay, Marlise R	15	ZAM	SCR
--- Matthews, Tselane	18	BOT	SCR

#207 Men 20&U 200 Meter Fly

2016Cana RC: 2:01.17 R 2018 Ethan M Du Preez			
Name	Age	Team	Finals Time
1 Bailey, Ethan J	19	RSA	2:09.24
2 Raynard, Keyontae L	17	RSA	2:09.84
3 Gordo, Salvador V	19	ANG	2:11.17
4 Potgieter, Wikus R	18	RSA	x2:19.19
5 Munguambe, Cleiton	15	MOZ	2:22.18

6 Mia, Sirhaan	16	RSA	x2:22.52
7 Ngwenya, Onesimus	15	ZIM	2:27.38
8 Mwamba, Wina M	19	ZAM	2:28.00
9 Keitsile, Gaamangwe J	15	BOT	2:29.14
10 Ngwenya, Nathan	18	ZIM	2:35.77
11 van Rooyen, Benco G	18	BOT	2:40.69
12 Mulenga, Frank J	16	ZAM	2:44.06
--- Makaya, Tichatonga	16	ZIM	SCR

#208 Mixed 20&U 4x100 Meter Free Relay

2016Cana RC: 3:42.78 R 2018 Republic Of South Afr			
L Oberholzer, M Bosch, A Canny, O Nel			
Team	Relay	Finals Time	
1 RSA	A	3:49.85	
Naidoo, Kaydn K M19	Horne, Kaitlyne D W15		
Moll, Simone W17	Truter, Petrus C M19		
2 ZIM	A	3:56.57	
Rorke, Benjamin M18	Chitsurura, Tanatsirwa W1		
Makwabarara, Mikayla W1	Werrett, Cory M18		
3 NAM	A	3:57.87	
Magongo, Brave M16	Westerduin, Reza W15		
Mutumbulua, Trisha W18	Esslinger, Nico M17		
4 BOT	A	4:09.68	
Gondo, Takundanashe M18	Matthews, Mmusi M16		
Harry, Kyra W16	Ingwe, Kimberly N W17		
5 ANG	A	4:09.87	
Santo, Rafaela A W18	Fortes, Alex P M17		
Fernandes, N'hara V W16	Tati, Janel Y M16		
6 MAW	A	4:30.35	
Kumbatila, Tsinde M17	Haiya, Chisomo W15		
Makwenda, Jessica W17	Smit, Luka M14		
--- ZAM	A	SCR	

#301 Women 20&U 400 Meter Free

2016Cana RC: 4:20.34 R 2016 Kate J Beavon			
Name	Age	Team	Finals Time
1 Horne, Kaitlyne D	15	RSA	4:35.94
2 Oosthuizen, Luchelle	18	RSA	4:44.91
3 Kleinhans, Asia J	14	RSA	x4:49.61
4 Westerduin, Reza	15	NAM	4:52.29
5 George, Grace	14	RSA	x4:52.72
6 Groepes, Rachel L	16	RSA	x5:00.16
7 Kleinhans, Zara I	17	RSA	x5:01.80
8 Santo, Rafaela A	18	ANG	5:06.99
9 Chitsurura, Tanatsirwa	18	ZIM	5:11.59
10 Mahobebe, Loyiso	14	ZIM	5:15.64
11 Mahobebe, Mkhusele	17	ZIM	x5:16.45
12 Accorsi, Olivia	15	ZIM	x5:17.54
13 Mutumbulua, Trisha	18	NAM	5:18.92
--- Brinkmann, Maja J	15	NAM	SCR
--- Moshu, Chisanga M	15	ZAM	SCR
--- Harry, Kyra	16	BOT	SCR

#302 Men 20&U 50 Meter Free

2016Cana RC: 22.93 R 2012 Reynard Wessels-Zan			
Name	Age	Team	Finals Time
1 Truter, Petrus C	19	RSA	24.16
2 Rorke, Benjamin	18	ZIM	24.19
3 Werrett, Cory	18	ZIM	24.25
4 Thompson, Cameron K	17	RSA	24.40
5 Naidoo, Kaydn K	19	RSA	x24.45
6 Yussen, Rafael	17	ANG	25.00
7 Gordo, Salvador V	19	ANG	25.11
*8 Pires, Djamel V	19	ANG	x25.32
*8 Raynard, Keyontae L	17	RSA	x25.32

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Results

#302 Men 20&U 50 Meter Free)

10 Chisungo, Tawanda	17	ZIM	x25.44
11 Makaya, Tichatonga	16	ZIM	x25.67
12 Mhlanga, Bjorn N	16	ZIM	x25.73
13 *Rumball, Liam	17	ZIM	x25.77
14 Mwipikeni, Paul	16	ZIM	x25.82
15 Tati, Janel Y	16	ANG	x25.93
16 Munguambe, Cleiton	15	MOZ	25.97
*17 Mulenga, Frank J	16	ZAM	25.99
*17 Pheeha, Junior J	17	RSA	x25.99
19 Franceys, Ryan	18	ZIM	x26.06
20 Smit, Luka	14	MAW	26.11
21 Magongo, Brave	16	NAM	26.15
22 Madziyire, Nigel	16	ZIM	x26.16
23 Ngwenya, Onesimus	15	ZIM	x26.20
24 Gondo, Takundanashe	18	BOT	26.21
*25 Govender, Dhilan	16	RSA	x26.23
*25 Boshoff, Juan C	17	RSA	x26.23
27 Mwamba, Wina M	19	ZAM	26.29
28 Esslinger, Nico	17	NAM	26.33
29 Fortes, Alex P	17	ANG	x26.35
30 Vimba, Khaya	15	ZIM	x26.45
31 Mulenga, Mwenya	16	ZAM	x26.54
*32 *Mbao, Benaiah Z	14	ZAM	x26.56
*32 Kalipengule, Limbikani	14	ZIM	x26.56
34 De Sousa, Damien	16	ESWAT	26.74
35 Mhlope, Andile T	16	ZIM	x26.85
36 Ndlovu, Vuyo V	18	ZIM	x26.94
37 Cole, Mulenga E	13	ZAM	x26.97
38 Ngwenya, Nathan	18	ZIM	x26.99
39 Shamambo, Damien S	19	ZAM	x27.00
40 Mpofo, Jasper	19	ZIM	x27.03
41 Fernando, Khushal J	17	ZAM	x27.18
42 Hufner, Bayanda J	16	RSA	x27.25
43 Hartman, Timothy J	16	RSA	x27.41
44 Kumbatila, Tsinde	17	MAW	27.50
45 Moyo, Zach R	16	ZAM	x27.66
46 van Rooyen, Benco G	18	BOT	27.97
47 Sohal, Ravi	16	MAW	x28.14
--- Moosa, Ali A	17	MAW	SCR
--- Truter, Tom N	17	RSA	SCR
--- Keitsile, Gaamangwe J	15	BOT	SCR
--- Matthews, Mmusi	16	BOT	SCR

#303 Women 20&U 50 Meter Back

2016Cana RC: 29.24 R 2016 Ruele Naomi			
Name	Age	Team	Finals Time
1 Katai, Donata	18	ZIM	30.50
2 Phiri, Mia A	19	ZAM	31.35
3 Humphrey, Jessica	14	NAM	32.01
4 Rollo, Riana	19	ZIM	32.06
5 Musere, Matida	15	ZIM	x32.80
6 Westerduin, Reza	15	NAM	32.83
7 Groepes, Rachel L	16	RSA	33.13
8 Gray, Taya	14	ZIM	x33.24
9 Accorsi, Olivia	15	ZIM	x33.33
10 Smidt, Clio J	16	RSA	33.61
11 Mia, Nawaal	16	RSA	x33.63
12 Ramajan, Saira	17	ZIM	x33.94
13 Chandiwana, Tanatswa	14	ZIM	x34.42
14 Mahobebe, Mkhusele	17	ZIM	x34.57
15 Ingwe, Kimberly N	17	BOT	34.68
16 Matthews, Tselane	18	BOT	34.91

17 Njowola, Racheal	16	ZIM	x35.18
18 Makwabarara, Mikayla	14	ZIM	x35.24
19 Omar, Manaal	16	RSA	x35.59
20 Onovo, Onye	15	ZIM	x36.12
21 Chicksen, Jade	16	ZIM	x37.14
22 Harry, Kyra	16	BOT	x37.70
23 Mutumbulua, Trisha	18	NAM	x37.78
*24 Chang, Ji-eun	15	BOT	x38.00
*24 Chandiwana, Tafadzwa	14	ZIM	x38.00
26 Mahobebe, Loyiso	14	ZIM	x38.34
27 Kanjadza, Danielle	11	MAW	42.33
28 Mzenge, Rhinniah	14	MAW	43.99
--- Findlay, Marlise R	15	ZAM	SCR
--- Brinkmann, Maja J	15	NAM	SCR

#304 Men 20&U 200 Meter IM

2016Cana RC: 2:06.23 R 2018 Louw Oberholzer			
Name	Age	Team	Finals Time
1 Naidoo, Kaydn K	19	RSA	2:08.62
2 Truter, Petrus C	19	RSA	2:09.15
3 Bailey, Ethan J	19	RSA	x2:14.44
4 De Swardt, Jayden	16	ZIM	2:16.87
5 Ramoholi, Thapelo R	18	RSA	x2:20.59
6 Esslinger, Nico	17	NAM	2:21.86
7 Pheeha, Junior J	17	RSA	x2:22.28
8 Franceys, Ryan	18	ZIM	2:23.75
9 Govender, Dhilan	16	RSA	x2:24.26
10 Potgieter, Wikus R	18	RSA	x2:25.54
11 Ngwenya, Onesimus	15	ZIM	x2:27.12
12 Matthews, Mmusi	16	BOT	2:27.35
13 Werrett, Cory	18	ZIM	x2:29.09
14 Munguambe, Cleiton	15	MOZ	2:30.29
15 Vimba, Khaya	15	ZIM	x2:32.13
16 Rorke, Benjamin	18	ZIM	x2:33.37
17 Madziyire, Nigel	16	ZIM	x2:35.55
18 Kalipengule, Limbikani	14	ZIM	x2:37.98
19 van Rooyen, Benco G	18	BOT	2:38.09
20 Sibanda, Nsikelelo	14	ZIM	x2:40.97
21 Pires, Djamel V	19	ANG	2:41.90
22 Ndlovu, Vuyo V	18	ZIM	x2:43.65
--- Keitsile, Gaamangwe J	15	BOT	SCR

#305 Women 20&U 200 Meter Breast

2016Cana RC: 2:32.33 R 2018 Paige F Brombacher			
Name	Age	Team	Finals Time
1 Moll, Simone	17	RSA	2:40.02
2 Stewart, Megan	16	RSA	2:43.50
3 Redecker, Nicole	18	NAM	2:50.21
4 Worsfold, Susie	15	ZIM	2:51.95
5 Coates, Johanna K	16	ZAM	2:56.11
6 Christie, Leah E	17	RSA	x2:58.42
7 Fernandes, N'hara V	16	ANG	2:58.93
8 Smyth, Taya	15	ZIM	2:59.94
9 Graaff, Chloe T	16	RSA	x3:03.36
10 Liacopoulos, Adonia	17	ZAM	3:03.57
11 Rollo, Riana	19	ZIM	x3:04.66
12 Dhemba, Vhenekai	16	ZIM	x3:08.68
13 Ramajan, Saira	17	ZIM	x3:13.91
14 Chang, Ji-eun	15	BOT	3:13.92
15 Chicksen, Jade	16	ZIM	x3:14.25
16 Benjamin, Gabriella R	17	RSA	x3:21.13
--- Mosho, Chisanga M	15	ZAM	SCR
--- Brinkmann, Maja J	15	NAM	SCR

#306 Men 20&U 200 Meter Back

2016Cana RC: 2:02.66 R 2014 Martin Binedell			
Name	Age	Team	Finals Time
1 Boshoff, Juan C	17	RSA	2:11.18
2 Potgieter, Wikus R	18	RSA	2:15.91
3 Esslinger, Nico	17	NAM	2:20.19
4 Magongo, Brave	16	NAM	2:21.11
5 De Swardt, Jayden	16	ZIM	2:22.22
6 Thompson, Cameron K	17	RSA	x2:22.33
7 Raynard, Keyontae L	17	RSA	x2:23.01
8 Cole, Mulenga E	13	ZAM	2:25.70
9 Olkers, Caellum G	16	RSA	x2:26.05
10 Fortes, Alex P	17	ANG	2:26.52
11 Sibanda, Emmanuel	16	ZIM	2:27.01
12 *Rumball, Liam	17	ZIM	x2:27.63
13 Mpofo, Jasper	19	ZIM	x2:28.92
14 Madziyire, Nigel	16	ZIM	x2:30.56
15 Lee, Dylan	18	ZIM	x2:30.93
16 Mia, Sirhaan	16	RSA	x2:32.38
17 Smit, Luka	14	MAW	2:48.65
18 Yussen, Rafael	17	ANG	2:50.49
--- Keitsile, Gaamangwe J	15	BOT	SCR
--- Sohal, Ravi	16	MAW	SCR

#307 Women 20&U 100 Meter Fly

2016Cana RC: 1:01.75 R 2014 Rita Naude			
Name	Age	Team	Finals Time
1 Oosthuizen, Luchelle	18	RSA	1:04.90
2 Katai, Donata	18	ZIM	1:04.92
3 Phiri, Jade A	16	ZAM	1:06.34
4 Westerduin, Reza	15	NAM	1:07.34
5 Hoy, Hayley	14	ESWAT	1:08.55
6 Jacobs, Khwezi I	15	RSA	1:08.95
7 Mahobebe, Mkhusele	17	ZIM	1:09.83
8 Musere, Matida	15	ZIM	x1:10.34
9 Miti, Tamenji	15	ZAM	1:10.66
10 Carolus, Sandrale P	18	RSA	x1:10.74
11 Smidt, Clio J	16	RSA	x1:11.22
12 Ingwe, Kimberly N	17	BOT	1:12.91
13 Redecker, Nicole	18	NAM	1:13.44
14 Dhemba, Vhenekai	16	ZIM	x1:13.57
15 Rollo, Riana	19	ZIM	x1:14.35
16 Chandiwana, Tanatswa	14	ZIM	x1:14.87
17 Goodinson, Kiara	17	ZIM	x1:15.08
18 Vd Westhuizen, Joy	14	RSA	x1:16.20
19 Mosho, Chisanga M	15	ZAM	x1:16.41
20 Harry, Kyra	16	BOT	1:17.07
21 Mahobebe, Loyiso	14	ZIM	x1:19.44
22 Humphrey, Jessica	14	NAM	x1:20.23
--- Morais, Nyriam W	14	ANG	DQ
--- Ngambi, Gabriella	16	ZAM	SCR

#308 Men 20&U 4x100 Meter Medley Relay

2016Cana RC: 3:48.96 R 2014 South Africa		
Team	Relay	Finals Time
1 RSA	A	3:53.78
Naidoo, Kaydn K 19	Truter, Petrus C 19	
Potgieter, Wikus R 18	Thompson, Cameron K 17	
2 ZIM	A	4:08.21
De Swardt, Jayden 16	Werrett, Cory 18	
Makaya, Tichatonga 16	Rorke, Benjamin 18	

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Results

#308 Men 20&U 4x100 Meter Medley Relay

3 ANG	A	4:10.24
Gordo, Salvador V 19	Pires, Djamel V 19	
Yusseni, Rafael 17	Tati, Janel Y 16	
4 ZAM	A	4:18.57
Cole, Mulenga E 13	Moyo, Zach R 16	
Mwamba, Wina M 19	Mulenga, Frank J 16	
--- BOT	A	SCR
Matthews, Mmusi 16	Gondo, Takundanashe 18	
Keitsile, Gaamangwe J 15	van Rooyen, Benco G 18	
--- NAM	A	SCR
Magongo, Brave 16		

#309 Women 20&U 4x50 Meter Free Relay

2016Cana RC: 1:45.17 R 2018 Republic Of South Afr

I Weidemann, A Canny, G Nel, O Nel

Team	Relay	Finals Time
1 RSA	A	1:51.63
Jacobs, Khwezi I 15	Oosthuizen, Luchelle 18	
Christie, Leah E 17	Stewart, Megan 16	
2 ZIM	A	1:52.16
Katai, Donata 18	Dhemba, Vhenekai 16	
Makwabarara, Mikayla 14	Chitsurura, Tanatsirwa 18	
3 ZAM	A	1:52.97
Phiri, Mia A 19	Phiri, Jade A 16	
Coates, Johanna K 16	Ngambi, Gabriella 16	
4 NAM	A	1:56.97
Westerduin, Reza 15	Redecker, Nicole 18	
Humphrey, Jessica 14	Mutumbulua, Trisha 18	
--- BOT	A	SCR
Matthews, Tselane 18	Harry, Kyra 16	
Chang, Ji-eun 15	Ingwe, Kimberly N 17	
--- ANG	A	SCR

#401 Men 20&U 400 Meter Free

2016Cana RC: 4:01.66 R 2018 James S Freeman

Name	Age	Team	Finals Time
1 Bailey, Ethan J	19	RSA	4:10.40
2 Boshoff, Juan C	17	RSA	4:23.43
3 Franceys, Ryan	18	ZIM	4:26.84
4 Esslinger, Nico	17	NAM	4:26.88
5 Cole, Mulenga E	13	ZAM	4:33.45
6 Pheeha, Junior J	17	RSA	x4:36.90
7 van Rooyen, Benco G	18	BOT	4:40.86
8 Ngwenya, Onesimus	15	ZIM	4:42.77
9 Govender, Dhilan	16	RSA	x4:46.79
--- Mulenga, Frank J	16	ZAM	SCR

#402 Women 20&U 50 Meter Free

2016Cana RC: 26.02 R 2018 Aimee L Canny

Name	Age	Team	Finals Time
*1 Phiri, Mia A	19	ZAM	27.68
*1 Jacobs, Khwezi I	15	RSA	27.68
3 Groepes, Rachel L	16	RSA	27.78
4 Rollo, Riana	19	ZIM	27.97
5 Moll, Simone	17	RSA	x28.03
6 Mutumbulua, Trisha	18	NAM	28.13
7 Makwabarara, Mikayla	14	ZIM	28.26
8 Chitsurura, Tanatsirwa	18	ZIM	x28.31
9 Phiri, Jade A	16	ZAM	28.33
10 Stewart, Megan	16	RSA	x28.47
11 Oosthuizen, Luchelle	18	RSA	x28.49
12 Chandiwana, Tafadzwa	14	ZIM	x28.51
13 Katai, Donata	18	ZIM	x28.55

14 Carolus, Sandralee P	18	RSA	x28.60
15 Chandiwana, Tanatswa	14	ZIM	x28.71
16 Westerduin, Reza	15	NAM	28.80
17 Christie, Leah E	17	RSA	x28.95
18 Smyth, Taya	15	ZIM	x28.98
19 Horne, Kaitlynne D	15	RSA	x29.02
20 Onovo, Onye	15	ZIM	x29.23
21 Njowola, Racheal	16	ZIM	x29.26
22 Ngambi, Gabriella	16	ZAM	x29.44
23 Harry, Kyra	16	BOT	29.46
*24 Omar, Manaal	16	RSA	x29.49
*24 Coates, Johanna K	16	ZAM	x29.49
26 Goodinson, Kiara	17	ZIM	x29.50
27 Worsfold, Susie	15	ZIM	x29.58
28 Morais, Nyriam W	14	ANG	29.60
29 Dhemba, Vhenekai	16	ZIM	x29.76
30 Miti, Tamenji	15	ZAM	x29.86
31 Liacopoulos, Adonia	17	ZAM	x29.87
32 Hoy, Hayley	14	ESWAT	29.96
33 Santo, Rafaela A	18	ANG	29.99
34 Makwenda, Jessica	17	MAW	30.06
35 Humphrey, Jessica	14	NAM	x30.13
36 Fernandes, N'hara V	16	ANG	x30.24
37 Kleinhans, Zara I	17	RSA	x30.27
38 Graaff, Chloe T	16	RSA	x30.29
39 Matthews, Tselane	18	BOT	30.31
40 Brinkmann, Maja J	15	NAM	x30.33
41 Mia, Nawaal	16	RSA	x30.39
42 Haiya, Chisomo	15	MAW	30.64
43 Ingwe, Kimberly N	17	BOT	x30.93
44 Chicksen, Jade	16	ZIM	x31.46
45 Redecker, Nicole	18	NAM	x31.64
--- Chang, Ji-eun	15	BOT	SCR
--- Rebello, Zoe	14	MAW	SCR

#403 Men 20&U 50 Meter Back

2016Cana RC: 26.63 R 2018 Henju P Duvenhage

Name	Age	Team	Finals Time
1 Potgieter, Wikus R	18	RSA	27.42
2 Thompson, Cameron K	17	RSA	27.68
3 Raynard, Keyontae L	17	RSA	x28.02
4 Yusseni, Rafael	17	ANG	28.62
5 Rorke, Benjamin	18	ZIM	28.66
6 Matthews, Mmusi	16	BOT	29.09
7 Gondo, Takundanashe	18	BOT	29.24
8 Pires, Djamel V	19	ANG	29.45
9 Nkunzi, Awande	17	RSA	x29.46
10 Magongo, Brave	16	NAM	29.48
11 De Swardt, Jayden	16	ZIM	30.09
12 Fortes, Alex P	17	ANG	x30.24
13 Werrett, Cory	18	ZIM	x30.29
*14 Makaya, Tichatonga	16	ZIM	x30.49
*14 Sibanda, Emmanuel	16	ZIM	x30.49
16 *Rumball, Liam	17	ZIM	x30.54
17 Cole, Mulenga E	13	ZAM	30.67
18 Lee, Dylan	18	ZIM	x30.83
*19 Mpofu, Jasper	19	ZIM	x30.98
*19 Mwipikeni, Paul	16	ZIM	x30.98
21 Olkers, Caellum G	16	RSA	x30.99
22 Munguambe, Cleiton	15	MOZ	31.52
23 Mulenga, Mwenya	16	ZAM	31.54
24 Esslinger, Nico	17	NAM	31.71
25 Mhlope, Andile T	16	ZIM	x32.34
26 Chisungo, Tawanda	17	ZIM	x32.47

27 Shamambo, Damien S	19	ZAM	x32.83
28 *Mbao, Benaiah Z	14	ZAM	x33.93
29 Kumbatila, Tsinde	17	MAW	34.77
--- Sohal, Ravi	16	MAW	SCR
--- Keitsile, Gaamangwe J	15	BOT	SCR

#404 Women 20&U 200 Meter IM

2016Cana RC: 2:21.64 R 2018 Christin Mundell

Name	Age	Team	Finals Time
1 Stewart, Megan	16	RSA	2:27.46
2 Westerduin, Reza	15	NAM	2:33.17
3 Brinkmann, Maja J	15	NAM	2:33.72
4 Musere, Matida	15	ZIM	2:36.85
5 Rollo, Riana	19	ZIM	2:37.51
6 Groepes, Rachel L	16	RSA	2:38.54
7 Redecker, Nicole	18	NAM	x2:38.67
8 Humphrey, Jessica	14	NAM	x2:41.23
9 Jacobs, Khwezi I	15	RSA	x2:41.30
10 Chitsurura, Tanatsirwa	18	ZIM	x2:42.22
11 Worsfold, Susie	15	ZIM	x2:42.71
12 Hoy, Hayley	14	ESWAT	2:43.62
13 Ingwe, Kimberly N	17	BOT	2:44.77
14 Dhemba, Vhenekai	16	ZIM	x2:45.47
15 Mahobebe, Loyiso	14	ZIM	x2:47.27
16 Fernandes, N'hara V	16	ANG	2:47.46
17 Chandiwana, Tanatswa	14	ZIM	x2:50.30
18 Accorsi, Olivia	15	ZIM	x2:50.35
19 Mutumbulua, Trisha	18	NAM	x2:53.89
20 Mahobebe, Mkhusele	17	ZIM	x2:55.33
21 Kleinhans, Asia J	14	RSA	x2:57.94
22 Rebello, Zoe	14	MAW	3:08.39
--- George, Grace	14	RSA	SCR
--- Chang, Ji-eun	15	BOT	SCR
--- Harry, Kyra	16	BOT	SCR
--- Benjamin, Gabriella R	17	RSA	SCR

#405 Men 20&U 200 Meter Breast

2016Cana RC: 2:19.56 R 2018 Ruan Breytenbach

Name	Age	Team	Finals Time
1 Truter, Petrus C	19	RSA	2:20.94
2 Boshoff, Juan C	17	RSA	2:31.64
3 De Swardt, Jayden	16	ZIM	2:32.17
4 Werrett, Cory	18	ZIM	2:36.83
5 Matthews, Mmusi	16	BOT	2:40.68
6 Nkunzi, Awande	17	RSA	x2:41.52
7 Hartman, Timothy J	16	RSA	x2:41.64
8 Sibanda, Nsikelelo	14	ZIM	x2:43.12
9 De Sousa, Damien	16	ESWAT	2:44.54
10 Moyo, Zach R	16	ZAM	2:46.80
11 Hufner, Bayanda J	16	RSA	x2:49.61
12 Govender, Dhilan	16	RSA	x2:50.48
13 Tati, Janel Y	16	ANG	2:54.72
14 Kalipengule, Limbikani	14	ZIM	x2:56.85
15 Ndlovu, Vuyo V	18	ZIM	x2:57.72
16 Madziyire, Nigel	16	ZIM	x3:01.66
--- Truter, Tom N	17	RSA	SCR

#406 Women 20&U 200 Meter Back

2016Cana RC: 2:16.99 R 2014 Zanré Oberholzer

Name	Age	Team	Finals Time
1 Horne, Kaitlynne D	15	RSA	2:26.81
2 Westerduin, Reza	15	NAM	2:27.94
3 Katai, Donata	18	ZIM	2:29.59
4 Groepes, Rachel L	16	RSA	2:31.94

AUSC-Region 5 Under 20 YTH Games 2022-Malawi - 04/12/2022 to 07/12/2022

Results

#406 Women 20&U 200 Meter Back

5	Mia, Nawaal	16	RSA	x2:34.90
6	Brinkmann, Maja J	15	NAM	2:35.65
7	Humphrey, Jessica	14	NAM	x2:36.14
8	Smidt, Clio J	16	RSA	x2:36.84
9	Accorsi, Olivia	15	ZIM	2:37.62
10	Phiri, Mia A	19	ZAM	2:38.37
11	Musere, Matida	15	ZIM	x2:38.69
12	Gray, Taya	14	ZIM	x2:42.87
13	Ingwe, Kimberly N	17	BOT	2:44.05
14	Redecker, Nicole	18	NAM	x2:45.97
15	Ramajan, Saira	17	ZIM	x2:46.57
16	Vd Westhuizen, Joy	14	RSA	x2:47.63
17	Mahobebe, Mkhusele	17	ZIM	x2:49.11
---	Stewart, Megan	16	RSA	SCR
---	Matthews, Tselane	18	BOT	SCR
---	Findlay, Marlise R	15	ZAM	SCR

#407 Men 20&U 100 Meter Fly

2016Cana RC: 54.88 R 2012 Niel Watson-Zambia

Name	Age	Team	Finals Time	
1	Naidoo, Kaydn K	19	RSA	54.48R
2	Gordo, Salvador V	19	ANG	55.74
3	Potgieter, Wikus R	18	RSA	56.68
4	Thompson, Cameron K	17	RSA	x57.53
5	Bailey, Ethan J	19	RSA	x59.11
6	Mia, Sirhaan	16	RSA	x59.29
7	Munguambe, Cleiton	15	MOZ	59.80
8	Raynard, Keyontae L	17	RSA	x59.89
9	Makaya, Tichatonga	16	ZIM	59.92
10	Ramoholi, Thapelo R	18	RSA	x1:00.72
11	Mwipikeni, Paul	16	ZIM	1:00.80
12	Franceys, Ryan	18	ZIM	x1:01.41
13	Magongo, Brave	16	NAM	1:01.62
14	Mwamba, Wina M	19	ZAM	1:01.81
15	Ngwenya, Onesimus	15	ZIM	x1:02.60
16	Mhlanga, Bjorn N	16	ZIM	x1:03.27
17	Esslinger, Nico	17	NAM	1:03.47
18	Chisungo, Tawanda	17	ZIM	x1:04.03
19	Mulenga, Frank J	16	ZAM	1:04.17
20	De Swardt, Jayden	16	ZIM	x1:04.55
21	Ngwenya, Nathan	18	ZIM	x1:05.45
22	Pires, Djamel V	19	ANG	1:06.01
23	Rorke, Benjamin	18	ZIM	x1:06.13
24	van Rooyen, Benco G	18	BOT	1:07.62
25	Yusseni, Rafael	17	ANG	x1:08.03
26	Hufner, Bayanda J	16	RSA	x1:09.97
---	Moosa, Ali A	17	MAW	SCR
---	Keitsile, Gaamangwe J	15	BOT	SCR
---	Gondo, Takundanashe	18	BOT	SCR
---	Mhlope, Andile T	16	ZIM	SCR

#408 Women 20&U 4x100 Meter Medley Relay

2016Cana RC: 4:25.44 R 2018 Republic Of South Afr

T Fos, L Van Niekerk, D Coetzee, N Ribeiro

Team	Relay	Finals Time	
1	RSA	A	4:31.98
	Mia, Nawaal 16	Moll, Simone 17	
	Oosthuizen, Luchelle 18	Christie, Leah E 17	
2	ZIM	A	4:40.86
	Katai, Donata 18	Smyth, Taya 15	
	Mahobebe, Mkhusele 17	Chitsurura, Tanatsirwa 18	

3	NAM	A	4:41.20
	Humphrey, Jessica 14	Redecker, Nicole 18	
	Westerduin, Reza 15	Mutumbulua, Trisha 18	
---	ZAM	A	DQ
	Phiri, Mia A 19	Liacopoulos, Adonia 17	
	Phiri, Jade A 16	Coates, Johanna K 16	
---	BOT	A	SCR
	Matthews, Tselane 18	Chang, Ji-eun 15	
	Ingwe, Kimberly N 17	Harry, Kyra 16	

#409 Men 20&U 4x50 Meter Free Relay

2016Cana RC: 1:34.32 R 2012 South Africa-Zambia

R Wessels- C Emslie-C Jimmie-B Doyle

Team	Relay	Finals Time	
1	RSA	A	1:35.42
	Naidoo, Kaydn K 19	Thompson, Cameron K 17	
	Raynard, Keyontae L 17	Truter, Petrus C 19	
2	ZIM	A	1:38.48
	Rorke, Benjamin 18	Franceys, Ryan 18	
	Chisungo, Tawanda 17	Werrett, Cory 18	
3	ANG	A	1:39.53
	Gordo, Salvador V 19	Tati, Janel Y 16	
	Pires, Djamel V 19	Yusseni, Rafael 17	
4	ZAM	A	1:42.48
	Mulenga, Frank J 16	Mwamba, Wina M 19	
	Shamambo, Damien S 19	Fernando, Khushal J 17	
---	BOT	A	SCR
	Matthews, Mmusi 16	Gondo, Takundanashe 18	
	van Rooyen, Benco G 18	Keitsile, Gaamangwe J 15	
---	NAM	A	SCR
	Magongo, Brave 16		